

As a matter of fact...

"I do fight like a girl"



The Hawaii Zenyo Jujutsu Kai
A Hawaii pending 501 (c) (3) Nonprofit Educational Organization

Women's Assault Prevention Course

Learn simple, effective and proven self-protection techniques

Sept. 28th, 2008 1- 5 PM

\$50 each – Assault Prevention Course only (includes personal reference manual).

\$75 Combination of Parent - Child (minimum age 10)

Registration & Payment due by Sept. 21st, 2008, **(see Conditions on last page)**

Located: Daijingu Temple of Hawaii, 61 Puiwa Road

(Behind the Queen Emma Summer Palace, Pali Highway)

595-7175 email us at: mcjitsu@pixi.com

wapc@kupale.org

Visit our Web Sites: www.pixi.com/~mcjitsu

www.kupale.org

Kaneohe

Map for the
HZJK WAPC Course
61 Puiwa Rd. Honolulu, Hawaii –
Nuuanu Valley, Pali Hiway.

Kailua

For further information call 595-7175

Oahu Country Club

Puiwa Road

Queen Emma
Park

Queen Emma
Palace

Free Parking

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Daijingu
Temple of
Hawaii
&
Hawaii
Zenyo
Bujutsu
Kai

Pali
Hiway

The HZJK WAPC Course is in the lower level of the **Daijingu Temple of Hawaii**. This 1929 landmark temple is just past the Queen Emma Park parking lot on the makai side of the road. The street address is 61 Puiwa Rd., on the corner of Park St. and Puiwa Rd. You will see a white building and two stone pillars in the driveway. Pull in and park under the trees. The double doors to the training area are down the driveway.

(Ewa)

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(Diamond Head)

Honolulu – Waikiki

REGISTRATION FORM

HZJK Women's Assault Prevention Course

Sept. 24th, 2008 1:00 – 5:00 PM

Call 595-7175 – or Email mcjitsu@pixi.com

www.kupale.org or www.pixi.com/~mcjitsu

\$50.00 per person – Includes Course and Personal Reference Manual.

\$75.00 Combination of Parent-Child (minimum age 10 years old)

Come join us in Hawaii's **BEST** Women's Assault Prevention Course.

Please arrive early. **The course starts PROMPTLY at 1:00 PM.** The afternoon course is made up of a single 4 hour session with regular breaks. **NO Drop-ins or casual observers please.** The course consists of 30% lecture, and 70% practice of Assault Prevention tactics.

You do NOT need to be in good physical condition to take this hands-on course!

Wear loose comfortable clothing that covers your knees. You will need to bring water, a small towel, and an umbrella, and socks to wear for the course (no shoes please).

Please do not wear ANY jewelry during the course (especially ear-rings or facial jewelry).

Conditions:

1. Each WAPC course requires a minimum of 10 pre-registered and pre-paid participants. We can accommodate a maximum of 25 participants. If a class cannot meet the minimum registrants we will announce the cancellation of that class the day after registrations and payments are due. At that time all registrants will be offered a refund or registration in the next months class.
2. All registrations received over the 25 member maximum or late registrations will be refunded or offered registration in the next class. All registrations are held on a first come first serve basis, we do not reserve places without payment.
3. We cannot take drop-in participants, nor can we accept registrations or payments at class time. **All participants must be pre-registered and pre-paid on or before the due date.**

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MAIL-IN REGISTRATION FORM – Due by Sept. 21st, 2008

HZBK Women's Assault Prevention Course – Sept. 28th, 1:00 PM- 5:00 PM

(\$50 - single only * \$75 – parent-child) Please PRINT EMAIL and PHONE LEGIBLY

NAME(s) _____

Email(s) _____

PHONE(s) _____

Check included (Y/N)? _____ If check is for more than one person – how many? _____

Please make checks out to: Steve McLaughlin.

Mail Registration and Payment to: HZJK – WAPC, 2843 Park St., #B, Honolulu, Hawaii 96817

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